

Goal #1: Continuum of Substance Abuse Treatment Services

GOAL #1: The State shall expend block grant funds to maintain a continuum of substance abuse treatment services that meet these needs for the services identified by the State. Describe the continuum of block grant-funded treatment services available in the State (See 42 U.S.C. 300x-21(b) and 45 C.F.R. 96.122(f)(g)).

FY 2009 Intended Use:

The Arizona Department of Health Services/Division of Behavioral Health (ADHS/DBHS) administers statewide behavioral health programs and services for children, adults and their families. Behavioral health services are inclusive of treatment services and supports for mental health and substance abuse conditions, as well as primary prevention programs for persons not in need of treatment. ADHS/DBHS contracts with Regional Behavioral Health Authorities (RBHAs) to administer integrated managed care delivery systems in specific geographic service areas (GSAs).

Services

ADHS/DBHS administers a comprehensive array of covered services for treatment, support/preventive care and emergency and crisis response. All covered services are available to individuals and families with substance abuse conditions, based on Title XIX/XXI eligibility and available funding for Non-Title XIX members.

<u>Covered Service Category</u>	<u>Covered Procedures/Services</u>
Treatment Services	Individual, Family, Group Counseling Consultation, Assessment, Special Testing Other (auricular acupuncture, traditional healers)
Rehabilitative Services	Living Skills Training, Cognitive Rehab, Health Promotion, Supported Employment
Medical Services	Medication, Methadone, Lab, Radiology, Medical Imaging Medical Management (Nursing Services) ECT
Support Services	Case Management, Personal Assistance Family Support, Peer Support Therapeutic Foster Care, Respite Care Housing Support, Transportation Interpreter Services, Flex Fund Services
Crisis Intervention	Mobile Crisis Teams Telephone Crisis Crisis Services (professional)

Inpatient Services	Hospital Level 1 Subacute (psychiatric, detoxification) Level 1 Residential Treatment Center
Residential Services	Level II, III Behavioral Health Residential Room and Board
Behavioral Health Day Programs	Supervised, Therapeutic, Medical Day
Prevention	Services for persons, who do not need treatment, designed to affect knowledge, attitude or behavior HIV Early Intervention Services

Providers

ADHS/DBHS requires that behavioral health provider agencies be appropriately licensed for behavioral health service delivery and registered with AHCCCS to deliver services for the TXIX/XXI member population. Provider types include Level 1 inpatient, residential facilities and outpatient clinics. A special provider type, Community Service Agency (CSA), is an organization certified by ADHS/DBHS and registered directly with State Medicaid Agency in lieu of a behavioral health license. CSAs deliver family/peer supports, respite and other support services based upon referrals from a member's treatment team. Prevention programs are delivered both through licensed behavioral health agencies, CSAs and other community organizations.

State Level Continuum of Care

SAPT Block Grant funds are prioritized to ensure access to treatment and long-term recovery support services for the following special populations:

1. Non-Title XIX females with substance abuse disorders who are also pregnant or have dependent children, including females who are attempting to regain custody of their children.
2. Non-Title XIX injection drug users
3. Any Non-Title XIX person (youth or adult) who has a substance abuse disorder, pending availability of funds.

Behavioral health providers must provide specialized, gender based treatment and recovery support services for females who are pregnant or have dependant children and their families. This includes mothers who are attempting to regain custody of their children. Services must treat the family as a unit. As needed, services must admit both mothers and their dependant children into treatment.

Interim services are available for Non-Title XIX/XXI priority populations who are maintained on an actively managed wait list. Title XIX/XXI eligible persons who also meet a priority population type may not be placed on a wait list. The minimum required interim services include:

- ❑ Education on:
 - Behaviors which increase risk of contracting HIV, Hepatitis C and other sexually transmitted diseases
 - Effects of substance use on fetal development
- ❑ Risk assessment/screening
- ❑ Referrals for HIV, hepatitis C, and tuberculosis screening and services; and
- ❑ Referrals for primary and prenatal medical care.

The following activities will be implemented using SAPT funding to ensure that a continuum of substance abuse treatment services is maintained during FY 2009:

Cenpatico Behavioral Health of Arizona

- Provision of medically necessary substance use disorder treatment services through contracted providers; including, outpatient treatment, intensive outpatient services, gender specific groups, peer support services, parenting classes, methadone treatment, detoxification treatment, pre-natal education, parenting classes, employment support, family reunification, HIV intervention, adolescent substance use disorder treatment, abused women's groups, and referrals to 12-Step, faith-based and vocational programs.
- Treatment dollars will be prioritized to serve the following populations in the order listed: SAPT Priority populations, substance using parents of children at risk of being removed from the home or who have been removed due to parental substance use, and all other persons with a substance use disorder diagnosis who do not have an alternative pay source.

Community Partnership of Southern Arizona

- Continue to monitor contract requirements and overall capacity with agencies receiving SAPT funds to serve and provide treatment services for pregnant and parenting women who use substances, persons who use drugs by injection, and women with dependent children. CPSA Network Management will work closely with CPSA Network Development to ensure that a continuum of services is available to serve prioritized populations.
- Continue to monitor through a monthly reporting system, utilizing required DBHS/ADHS forms, SAPT capacity and utilization as this relates to first service provision, wait list utilization, and interim service provision.
- Continue to provide technical assistance to reporting agencies should issues of non-compliance with SAPT requirements arise. Technical assistance includes but not limited to: site visits, meetings, and phone contact with agencies that fall outside of SAPT regulations and trainings designed to educate providers receiving SAPT funding of required funding regulations.

- Continue to utilize monthly meetings with HIV Early Intervention service providers to ensure contract compliance with SAPT funding requirements.
- Ensure that services such as early intervention services including HIV risk assessments, pre and post test counseling, testing, and case management services are being provided through SAPT funding.

Northern Arizona Regional Behavioral Health Authority

- Provide Monthly monitoring to ensure that SAPT populations have priority access to services at the time of referral for services to the RA.
- Screen all persons who are requesting substance abuse services, and who are NTXIX under SAPT grant requirements.
- Monitor the SAPT grant populations on a monthly basis.
- Monitor referrals for chemical dependency residential treatment, which includes length of time from referral to admission, and interim services provided while referrals are waiting admission to the CD Residential Treatment Facility.
- Provide technical assistance and training to the RA's to ensure the behavioral health providers are current with the SAPT Block Grant requirements.
- Perform quarterly chart reviews to ensure quality of services, and maintenance of accurate records.
- Enhance HIV outreach, screening and early detection, including pre- and post-test counseling, education, referral and treatment, which will be documented in the client's chart.
- Evaluate the expansion of behavioral health counseling Services for individuals with HIV.
- Continue to provide, or refer to, therapeutic interventions for children in custody of women receiving treatment, to address developmental needs, issues of sexual and physical abuse, and neglect.
- Continue developing the gender-specific, dual-diagnosis, CD residential facility to allow children to remain with their mothers when feasible.
- Evaluate the development of child care services for SAPT clients in need of child care services in order to attend treatment groups.

Magellan Health Services

- Supported Housing for priority populations, including Native American men
- Outpatient services for methamphetamine users

- Case management services for the priority population (pregnant women)
- HIV/AIDS programming
- Substance abuse services, to include peer support, for co-occurring disorders (co-located program)
- Family Support/ Psycho educational Groups
- Ongoing development of expanded data collection
- Continuum of substance abuse services for the priority population (e.g. outpatient, residential)
- Training and Education to increase understanding and insight of addiction